

Saturday or Sunday?

"Remember the Sabbath Day
to keep it Set-Apart"



When is the Sabbath?

“SATURDAY OR SUNDAY”

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Which Day?

Have you ever been lied to? Do you remember the feelings you felt? Maybe, at first you were angry, displeased, shocked and overwhelmed with sorrow. Then a sudden feeling of peace over-came you, realizing the truth had set you free.

Sadly, we all have been lied to and inevitably we will be lied to again. Some lies may seem small, not amounting to anything, but every lie that is told is sin.

“The one who overcomes shall inherit all this, and I shall be his Elohim and he shall be My son. “But as for the cowardly, and untrustworthy, and abominable, and murderers, and those who whore, and drug sorcerers, and idolaters, and all the false, their part is in the lake which burns with fire and sulphur, which is the second death.” (Revelation 21:7-8)

Every time we sin, we separate ourselves from Yahuwah our Mighty One. He is Set Apart and cannot be in the presence of sin. He loves us so much, that He made a way for us to be able to fellowship with Him. This way happens to be through His Son, Yahushua HaMashiach. Yahushua is our



High Priest. He entered once into the Set Apart Place, making atonement for our sins. In the Scriptures Yahushua called one the 'Father of Lies' (Yohanan/John 8:44). Whether we like it or not, this 'Father of Lies' does indeed have children! Scriptures refer to these children as 'wolves in sheep's clothing.'



In one form or another, we all have grown accustomed in accepting man-made traditions. Uncovering the truth, at first, can seem very painful, resulting in a

wave of mixed emotions; but knowing the truth will set us free. Ask yourself, beloved friend, do you want to be set free? Or do you want to stay in your comfort zone taking part in the evil web that has been spinning since the beginning of time? Most lies do not stand up and say, "hey look at me, I'm a lie!" On the contrary, they are hidden behind layers of secrets!

I ponder on the following:

“Many shall say to Me in that day, ‘Master, Master, have we not prophesied in Your Name, and cast out demons in Your Name, and done many mighty works in Your Name?’ “And then I shall declare to them, ‘I never knew you, depart from Me, you who work lawlessness!’ ([MattithYahu/Matthew 7:22-23](#))



Yahushua is talking to the ones who work lawlessness. What is lawlessness? It is the violation of law, the Torah. Lawlessness is sin and those who work lawlessness are to depart from Messiah, Yahushua. The Ten Commandments are our

marriage vows to Yahuwah and we know that they teach us the important basics of the moral law, the Torah.

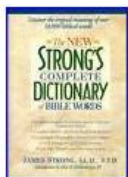
Lawlessness is breaking the Ten Commandments, the moral law, our marriage vows to Yahuwah.

“And because of the increase in lawlessness, the love of many shall become cold. (MattithYahu/Matthew 24:12)

Without a doubt, many hearts have turned cold because the lack of lawlessness in the world today. With the fact in mind of what lawlessness is. Stop and ponder... “Do you practice lawlessness? Do you honor your marriage vows to the Father, Yahuwah? Do you lie, steal, cheat, bear false witness, respect your parents, have carved images or figurines in your home, do you put Yahuwah first in your life? Do you rest on the Sabbath Day?” These are serious questions we need to think about. The question we are going to focus on in this book is the Sabbath Day.

“And Elohim blessed the seventh day and set it apart, because on it He rested from all His work which Elohim in creating had made.” (Bereshith/Genesis 2:3)

Elohim created the heavens and the earth in six days. It was hard work I’m sure and so He decided to bless the Seventh day, and set it apart because on this day He rested from all His work.



According to the, "Strong's Complete Dictionary of Bible Words", set it apart means: to be, make clean, to purify, (to observe as), (be, keep, kept) qodesh (holy)."

This 'seventh day' is to be observed set apart (differently) than the other six days. Not because your Preacher said so, but because our Creator, the Awesome and Powerful Father Yahuwah said so.

The next question we must ask ourselves is WHEN is the Sabbath Day? Is the Sabbath on Sunday? Or is the Sabbath on Saturday?

Days of the Week



As we have just read, Elohim set the seventh day apart from the other six days. Let us look at the Days of the Week!

When looking at the calendar we see that Sunday is the first day of the week.

Monday is the second day, Tuesday is the third, Wednesday is the fourth, Thursday is the fifth, Friday is the sixth and Saturday is the seventh day of the week.

The Roman calendar is still how we reckon time, despite the fact that not only are the days of the week named after pagan deities, but all 12 months as well. We must remember, that the Mighty One of Abraham, Isaac and Jacob, did not name the days of the week. He only numbered the days.

“And in all that I have said to you take heed. **And make no mention of the name of other mighty ones, let it not be heard from your mouth.”**

(Shemoth/Exodus 23:13)

“The sorrows of those who run after another one are increased; I would not pour out their drink offerings of blood, **Nor take up their names on my lips.”**

(Tehillim/ Psalms 16:4)

Uh, oh! Let us take a look at the 'names' we have grown accustomed to using. For a more in-depth look into the days of week, research online and in Encyclopedias at your local library.

The First Day: Sunday was named after the Sun god.

The Second Day: Monday was named after the moon goddess.

The Third Day: Tuesday was named after the god Tyr.

The Fourth Day: Wednesday was named after the god Odin.

The Fifth Day: Thursday was named after the god Thor.

The Sixth Day: Friday was named after the goddess Frigga.

The Seventh Day: Saturday was named after the god Saturn.

-Mythologically Speaking-

The first day of the week is named: SUN-Day meaning dies Solis, the Day-of-the-Sun. The following is a list of some of the pagan deities (please take note that these different names are from the different cultures throughout time but this is the same deity being worshipped): Baal (Lord), Moloch, Ahura-Mazda, Dagon, Sol, Marduk, Mithra, Krisna, Amon-Ra, Woden (odin), Zues, Deus and even Nimrod.

The second day of the week is named, MON-Day meaning the Day-of-the-Moon, lunae dies. We get the word month from the word mona. The moon was identified with Artemis or Diana.

The third day of the week is named, TUES-Day meaning Tyr's Day, day of Tiu, a Teutonic Druid-Celtic idol. Tyr or Tiu, was the Norse deity of war, considered the son of Odin (Woden).

The fourth day of the week is named, WEDNES-Day meaning Woden Odin a Celtic deity. Was considered highly skilled in magic (majik). And was the Teutonic Pagan husband of Frigga. This day was also honored as Mercuril dies (Mercury Day).

The fifth day is named, THURS-Day named the Celtic Thor's Day: deity of thunder and son of Woden and Frigga. Romans honored Jupiter on this day, was originally IU-Pitar, meaning Jovis-father. Jovis /Jove (YAWÉ) corresponds to Zeus. Thor's emblem is the hammer and it was secretly interpreted as the letter 'T', going back to Tammuz, son of Nimrod and Semiramis.

The sixth day is named, FRI-Day meaning Frey Day or Frigga Day. Frigga was the wife of Woden. This day was the Egyptian's day of Isis. The Greeks honored Aphrodite on this day, the fertility deity.

The seventh day is named, SATUR-Day meaning the day of Saturn. This deity was for agriculture and corresponds with the Greek deity Cronus.

The Month Names and their origin:

JANUARY: Named for Janus, the Roman mighty one of portals and patron of beginnings and endings, to whom this month was sacred. He is shown as having two faces, one in front, the other at the back of his head, supposedly to symbolize his powers.

FEBRUARY: This name is derived from Februa, a Roman festival of purification. It was originally the month of expiation.

MARCH: It is named for Mars, the Roman mighty one of war.

APRIL: This name comes from the Latin APRILIS, indicating a time of Fertility. It was believed that this month is the month when the earth was supposed to open up for the plants to grow.

MAY: This month was named for Maia, the Roman female deity of growth or increase.

JUNE: This name is sometimes attributed to June, the female mighty one of the marriage, the wife of Jupiter in Roman mythology. She was also called the "Queen of heaven" and "Queen of mighty ones." The name of this month is also attributed

to Junius Brutus, but originally it most probably referred to the month in which crops grow to ripeness.

JULY: Named for the Roman emperor Julius Caesar, this is the seventh month of the Gregorian year.

AUGUST: Named for Octavius Augustus Caesar, emperor of Rome; the name was originally from augure, which means, "to increase."

SEPTEMBER: This name is derived from the Latin septem, meaning "seven."

OCTOBER This name comes from the Latin root octo, meaning "eight."

NOVEMBER: This name is derived from Latin novem, meaning "ninth."

DECEMBER: This name comes from the Latin decem, meaning 'ten'.



Sabeen worship consists of worshipping the whole celestial body of heaven. As the planets circumbulate the sun, the people would mimic this motion as they circumbulate a physical or an imaginary (visualized) object. This type of worship has crept into the calendar as well as Messianic Dance. Clearly, the days of the week are named after the Sabean worship.

We read in Acts 7:42 the following: “So Elohim turned and gave them up to worship the host of the heaven, as it has been written in the book of the Prophets, ‘Did you bring slaughtered beasts and offerings unto Me during forty years in the wilderness, O house of Yisra’ēl?” ([Acts 7:42](#))

Time and time again, we learn that the children of Israel would partake in Sabean worship. (2 Kings 17:16; 21:3 & 5; 2 Chronicles 33:5; Jeremiah 19:13; Zephaniah 1:5). Truly, many have gone and worshipped the creation instead of the Creator. Yep, friends, this calendar of ours comes straight from pagan Rome, full of false deity worship. Not to mention

going against what Yahuwah commanded us in YirmeYahu/Jeremiah 10:2, "learn not the ways of the pagans." The Scriptures is the 'cause', and the 'effects' are the manifestations found throughout history.

The Calendar that many of us have grown accustomed to comes from the solar (Gregorian Calendar), unlike lunisolar which is when the New-Moon determines the month. The Gregorian calendar, named after Pope Gregory XIII, is also known as, the Christian Calendar. This calendar (Gregorian) was made to fix the confusion over scheduling when the holiday known as Easter (Ishtar/Asherim) would be held. Of course this Easter takes place during the vernal equinox when it is believed mother earth was impregnated. She goes through a nine month gestation period ending at the winter solstice, December 25.

In 321 C.E. Constantine named the days:

1. Dies Solis-Sun day
2. Dies Lunae-Moon day
3. Dies Martis-Mar's day
4. Dies Mercuril-Mercury's day
5. Dies Iovis-Jupiter's day
6. Dies Veneros- Venus's day
7. Dies Saturni-Saturn's Day.

Today we have Sunday (sun), Monday (moon), Tuesday (Tyr old Norse deity), Wednesday (Woden an old English deity), Thursday (Thor an old Norse deity), Friday (Frigg Norse female deity) and Saturday (Saturn a Roman deity).

A Glimpse of History

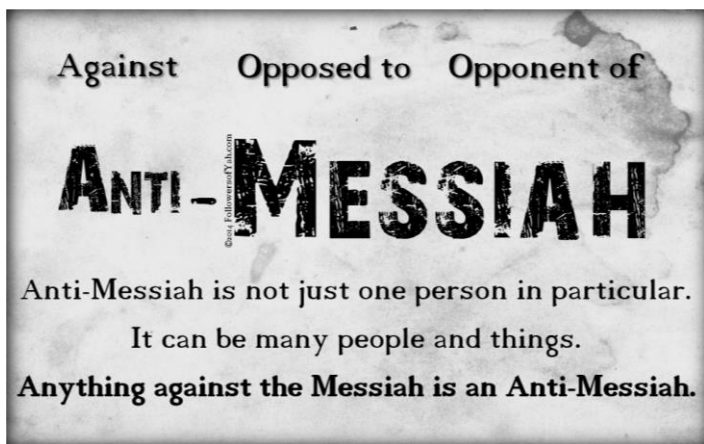


Yahushua spoke about many that would be persecuted for their faith in Him.

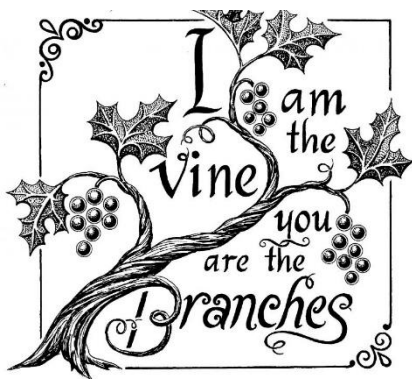
“Remember the Word that I said to you, ‘A servant is not greater than his master.’ If they persecuted Me, they shall persecute you too. If they have guarded My Word, they would guard yours too. (Yohanan/John 15:20)

The adversary (Satan, devil) has killed thousands of followers for their faith in Yahushua Messiah. The Romans killed these faithful ones for their faith.

They were tortured, burned alive, fed to lions and hung on stakes. Many believe that Nero was indeed the anti-Messiah. I believe that Nero, along with many others carried the anti-Messiah spirit within him. We must remember that the term anti-Messiah can be many people. They have the same spirit. Anti-Messiah not only opposes everything the Messiah stands for, but also it comes in place of the real one.



That is why the Messiah spoke about 'wolves in sheep's clothing' (MattithYahu/Matthew 7:15). Astonishingly, the horrific torture these faithful ones witnessed did not stop them from practicing their faith. They had an unwillingness to submit to the demands of the Romans by compromising their faith. When the Church and State united, they knew it was easier to eliminate 1% than to kill the 99%. These faithful servants were not even called 'Christians' they were called, 'Nazarenes', and Natsarim meaning sect of Nazarenes, watchmen, branches. We are the branches and Yahushua is the vine and we are the branches (Yohanan/John 15:5).



- They were not called Christian.
- Yahushua Messiah is their high-priest.
- They called on His real name, Yahushua (not the more popular Hellenized version of Jesus that did not even exist during that time).
- They kept the Ten Commandments of Yahuwah, which included the Seventh-Day Sabbath.

When Yahushua spoke of the Sabbath, why would He tell us that the Sabbath was made for man and then change which day was the Sabbath? There was and is only one weekly Sabbath. When Yahushua said Sabbath, He meant the weekly day of rest for the children of Yahuwah. This is an everlasting sign between Elohim and His children.

“And pray that your flight does not take place in winter or on the Sabbath. (MattithYahu/Matthew 24:20)

This chapter talks about the end times, the Great Tribulation/Great Distress. Yahushua Messiah is telling His followers to pray that their flight, their travels be not in the winter nor on the Sabbath. He was referring to the Seventh Day Sabbath. He knew that many of His Followers would remember this day and keep it 'set apart'. The Sabbath day, is an everlasting sign between Elohim and his children.

‘And the children of Yisra’ël shall guard the Sabbath, to observe the Sabbath throughout their generations **as an everlasting covenant**. **‘Between Me and the children of Yisra’ël it is a sign forever**. For in six days YAHUWAH made the heavens and the earth, and on the seventh day He rested and was refreshed.’ ” (Shemoth/Exodus 31:16-17)

The Attack from Within

“No servant is able to serve two masters, for either he shall hate the one and love the other, or else he shall cling to the one and despise the other. You are not able to serve Elohim and mammon.” (Luke 16:13)

Knowing that we can only serve one master and make that one Master of our lives, the adversary doesn't want us to serve or even know the one true Elohim, Yahuwah. This adversary, has spread his lethal weapon of eternal destruction within the church. Slowly, he begins to move his queen in the front, removing one pawn at a time. Taking out the castle, moving down the line picking one off at a time. Until all that seems left is confusion and hopelessness with our KING still standing. HalleluYah, Praise be to Yah! For He is the living Elohim. We shall know the truth and the truth shall free us! (Yohanan/John 8:32).

For unity in the Empire, Constantine saw an image (the cross) in the sky and he declares Christianity to be the official state religion. He continued to worship the sun, moon and all the host of heaven, while declaring that everyone would give honor to the 'Sol Dies' or 'Sol Invictus,' the unconquered sun. Of course, this degree was under penalty of death. Many true followers fled for their lives, while others submitted to the degree.



In the great book of Daniel read of a prophesy,

“...and it intends to change appointed times and law, and they are given into its hand for a time and times and half a time.” (Dani’el/Daniel 7:25)

Praise be to Yah! See how the truth will set us free? Man has thought to change times and laws. The times that man has thought to change is Elohim's feast days and His law, the Torah. Through-out Scripture we know that Elohim has and will keep a remnant. These remnants have always remained pure. They would not worship false deities.

“And in vain do they worship Me, teaching as teachings the commands of men.’ (Mark 7:7)

After Constantine declared the state religion to be Christianity, 'compromise' and the 'negotiations' began. Leaving us truth with error. Can a little error hurt anyone?

“A little leaven leavens all the lump. (Galatians 5:9)

We cannot mix light with darkness! We cannot mix error with truth. A divided house will fall.

Someone once told me that the adversary, Satan does not know the Scriptures and that is why he is so confused. I whole heartily disagree. The adversary does know the Scriptures. How else could he deceive the whole world even if it were possible the elect (Matt. 24:24). He must know scriptures in order to twist it giving us a Religious Malt of Babylon.' This malt is based on confusion.

He takes the commandment of: "remember to keep holy [set apart] the Sabbath", which he then puffs up to appear that **Sun-day is the true Sabbath**. He **claimed the Messiah rose**

on the 'first day' of the week [discussed in depth later in this book], making billions believe that **the seventh day Sabbath, is just for the Jews**. Actually these believers are Yahudim [followers of Yah], not Jews, so yet another misleading lie. The Seventh-Day Sabbath is not the Jew's Sabbath, it is the Sabbath of Yahuwah. Paul tells us that there is neither Jew nor Greek, male nor female (Galatians 3:28). We also know that this seventh day Sabbath was not just for Jew's but was sanctified at the time of creation (Genesis 2:3). Then become an everlasting sign between Yahuwah and the Y'israelites (Exodus 31:13). We are grafted into the vine, the vine is Yahushua Messiah. We become adoptee's (Romans 11:17). Are you starting to see how this light with darkness has crept into our man-made traditions? Sadly, this audience happens to be continually growing to the point scriptures tells us that the whole world is deceived. Let us go a little further. Not only does the adversary, through the power of man give the illusion **that the Sabbath is the first day of the week**, but he goes to the extreme and changes another commandment.

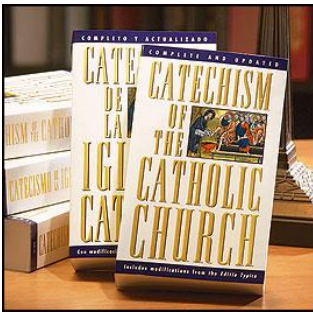
Let's first review, Yahuwah's Ten Commandments:

1. "You have no other mighty ones against My face.
2. You do not make for yourself a carved image, or any likeness of that which is in the heavens above, or which is in the earth beneath, or which is in the waters under the earth, you do not bow down to them nor serve them..
3. You do not bring the Name of YAHUWAH your Elohim to naught, for YAHUWAH does not leave the one unpunished who brings His Name to naught.
4. "Remember the Sabbath day, to set it apart. "Six days you labour, and shall do all your work, but the seventh day is a Sabbath of YAHUWAH your Elohim. You do not do any work – you, nor your son, nor your

daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates For in six days YAHUWAH made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore YAHUWAH blessed the Sabbath day and set it apart.

5. Respect your father and your mother, so that your days are prolonged upon the soil which YAHUWAH your Elohim is giving you.
6. You do not murder.
7. You do not commit adultery.
8. You do not steal.
9. You do not bear false witness against your neighbour.
10. You do not covet your neighbour's house, you do not covet your neighbour's wife, nor his male servant, nor his female servant, nor his ox, nor his donkey, or whatever belongs to your neighbour."

(Shemoth/Exodus 20:3-17)



Now let us look at the Ten Commandments changed by man. Taken from c. Pay close attention to the second Commandment. Catholic means Universal!

1. I am the Lord thy God; thou shalt not have strange gods before me.
2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember that thou keep holy the Sabbath day.
4. Honor thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.

7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet thy neighbor's wife
10. Thou shalt not covet thy neighbor's goods.

Woah, something isn't right here. There's something missing! Where is the second commandment? You know the one that says you shall not make any graven images (idols) and you shall not bow down yourself to them nor serve them? This is amazing, how man thinks to change TIMES and LAWS! By changing times and laws the adversary has made Yahuwah very unhappy. The children of Yahuwah have not been working six days and observing or resting on the seventh day, the Sabbath every week.

“and has gone and served other mighty ones and bowed down to them, or to the sun or to the moon or to any of the host of the heavens, which I have not commanded, and it has been made known to you and you have heard, and has searched diligently. Then see, if true: the matter is confirmed that such an abomination has been done in Yisra’ēl, then you shall bring out to your gates that man or woman who has done this evil matter, and you shall stone to death that man or woman with stones. “At the mouth of two or three witnesses shall he that is to die be put to death. He is not put to death by the mouth of one witness. “The hand of the witnesses shall be first against him to put him to death, and the hand of all the people last. So you shall purge the evil from your midst.”

(Debarim/Deuteronomy 17:3-7)

If anyone served the sun, moon, or any of the host of heaven, male or female, would be stoned to death. We know from scriptures that we do not stone anyone to death

anymore. The reason being, is because vengeance belongs to Yahuwah. However, back in those days they did.

Oh, my friend, it doesn't stop there! We just read how the second commandment has vanished. Therefore, leading many

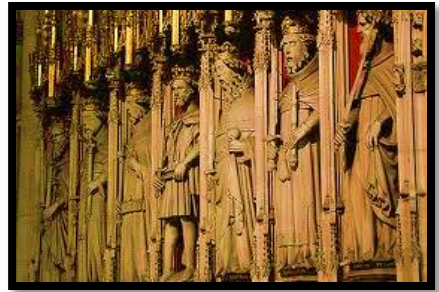


Statue of Jupiter

pagan idols to get a face-lift. For instance, the Roman deity Jupiter is renamed 'St. Peter'. To this day, millions have bowed down and kissed this idol's foot. This golden idol can still be found at the Vatican. Its big toe hangs over the step.



Statue of St. Peter



Next, we find carvings of dead saints covering the church walls. These people are dead! This is the same old pagan worship just puffed up with a new spin, 'All Saints Day', 'All Souls Day', 'All Hallows' Eve (Halloween). Again, a direct breaking of the second commandment. Many excuses not to obey have slipped into this 'religious malt'. Like "he knows my heart and in my heart I worship him

“They profess to know Elohim, but in works they deny Him, being abominable, and disobedient, and unfit for any good work.” (Titus 1:16)

Wow, this audience has now been tricked! Many think they are serving the true Creator, but in works they are not keeping His commandments.

The one who says, “I know Him,” and does not guard His commands, is a liar, and the truth is not in him.
(1 Yohanan/John 2:4)

How can someone repent, turn back from their sins if they do not know they are breaking a Command? They can't possible repent, if they do not know the moral law, the Ten Commandments! My beloved friend, the adversary, is the root being hidden deep under the ground. The Roman Universal Church is the trunk. Some 2,000 branches are the different denominations within Christianity, with branches forming each season. Having some truth to them but are being fed from under the ground. There is the mother harlot with daughters. Ask yourself, just who is this mother harlot and her daughters? Yahushua said,



“Leave them alone. They are blind leaders of the blind. And if the blind leads the blind, both shall fall into a ditch.” (MattithYahu/Matthew 15:14)

Please, do not follow blind guides, by accepting man-made

tra-di-tion *noun*

: the handing down of information, beliefs, and customs by word of mouth or by example from one generation to another without written instruction

traditions, and commandments of men. Instead take time to pray for wisdom, truth and understanding.

Then the root will be exposed. All that do this shall be freed from the twisted web that has been spinning since the garden. As individuals we need to read the Scriptures for ourselves. Test the spirits and discern between truth and error.



“Because we do not wrestle against flesh and blood, but against principalities, against authorities, against the world-rulers of the darkness of this age, against spiritual *matters* of wickedness in the heavenlies.” (Ephesians 6:12)

Excuses! Excuses!

It has never stopped amazing me, all the excuses some will come up with in being disobedient. Raising children, you think you've heard it all, but there is always that one excuse that will just throw you for a loop. For instance, you tell your child, since you are the parent, not to eat any cookies because dinner is almost ready. Your child, keeps using the famous, "but" word. You tell him or her, they can have a cookie for dessert after dinner. Thinking you solved the issue at hand,



you go in the other room only to come back, finding your five year old, up on a chair, leaning half-way onto the kitchen counter-top with his hand in the cookie jar! One wrong move, down he goes

along with the cookie jar. Your mouth drops to the floor while for a moment, you are in a state of, "Now I know I'm not seeing my child deliberately do something I just told him not to do."

"But Mommy, I...I...was just getting the cookie to eat after dinner!" Your child says with a mouth full of chocolate chips! Truly, we can relate to this mother and the frustration she must be feeling. We all are children. Some of us have one Father. The love this Father has towards us, brings a whole new meaning to the word 'patience'.



And we show our love towards him, by being obedient to his Word (Torah). Then there are the rebellious ones, like the child in the above story.

“For the secret of lawlessness is already at work – only until he who now restrains comes out of the midst. And then the lawless one shall be revealed, whom the Master shall consume with the Spirit of His mouth and bring to naught with the manifestation of His coming. The coming of the *lawless one* is according to the working of Satan, with all power and signs and wonders of falsehood, and with all deceit of unrighteousness in those perishing, because they did not receive the love of the truth, in order for them to be saved. And for this reason Elohim sends them a working of delusion, for them to believe the falsehood, in order that all should be judged who did not believe the truth, but have delighted in the unrighteousness.”

(2 Thessalonians 2:7-12)



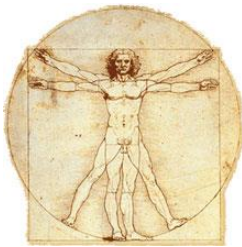
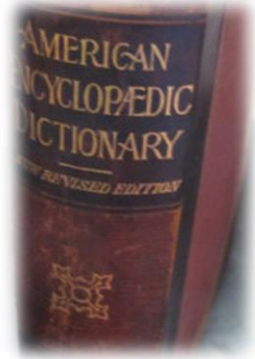
One excuse is, He knows my heart and I worship Him in my heart. For those who use this excuse consider the following:

“Truly the hearts of the sons of men are filled with evil, and madness is in their hearts while they live, and then – to the dead!” (Qohemoth/Ecclesiastes 9:3)

“The pride of your heart has deceived you, you who dwell in the clefts of the rock, whose dwelling is high, who say in your heart, ‘Who shall bring me down to the ground?’” (ObhadYahu/Obadiah 1:3)

According to the American Heritage Illustrated Encyclopedia Dictionary, Humanism is

'A philosophy or attitude that addresses itself exclusively to human as opposed to divine or supernatural concerns, often coupled with the belief that man is capable of reaching self-fulfillment without divine aid. A cultural and intellectual movement of a secular character that occurred during the Renaissance following the rediscovery of the literature, art, and civilization of ancient Greece and Rome.'



Humanism is when one starts reasoning that evil is not really evil. They decide what is and is not acceptable. In so doing they grow further and further away from our guide, the Scriptures. Sure they may read the scriptures but will say things like:

1. That is Old Testament stuff.
2. We live in the New Testament now.
3. I don't think it means that.
4. He knows my heart.
5. Heavenly Father changes.

“Woe to those who call evil good, and good evil; who put darkness for light, and light for darkness; who put bitter for sweet, and sweet for bitter!” (YeshuaYahu/Isaiah 5:20)

We are told in 2 Timothy 2:15 to diligently study to show ourselves approved. An example of Humanism is this, say

you started studying the scriptures to find out what Yahuwah has to say about witchcraft. Your searching brings you to 1 Samuel 15:23; 2 Chronicles 33:6; Galatians 5:20; Micah 5:12; and Nahum 3:4 to name a few.

After finding out how Yahuwah feels about witchcraft you eagerly share this new founded news with others! As the conversation continues, your excitement turns to sorrow because the other person simple says, "Oh, that don't mean that. No He is not saying that at all!" Do you see how humanism works? These excuses are exactly how it is with the Sabbath. Some say "The Sabbath hasn't even begun yet." and "It doesn't matter which day as long as you set a day and pray." Really? Scriptures tells us we are to be obedient to His 'WORD' and we must worship Him in truth and in spirit. His Sabbath is an everlasting sign (seal) between Him and His children (Shemoth/Exodus 31:13).



When we, the F.O.Y. Ministry heard the call to come out of Babylon, we were attending a Christian Denomination. We stopped attending and a few months went by, we started finding tracts on the front porch. When we pass out tracts we go to every door on any given street. Our neighbor did not get any tracts on her porch, just ours. It was then, when we realized we were going to have to tell them why we no longer attend. Surprisingly, the Preacher admitted to me, that Saturday was the Sabbath for Jews. He went on to tell me that this Sabbath was a sign between Yahuwah and the Y'israelites.

“And Elohim blessed the seventh day and set it apart, because on it He rested from all His work which Elohim in creating had made.”
(Genesis 2:3)

From the beginning, this seventh day was sanctified by Yahuwah. "But...but we are not Jews! The Sabbath was for them!"

Here again that is the humanism philosophy.

“There is not (Jew) Yehudite nor Greek, there is not slave nor free, there is not male and female, for you are all one in Messiah YAHUWAH.” (Galatians 3:28)

We also find in Romans 11:17-24 that we must be grafted into the olive branch. Scriptures also tells us that there is to be one law (Torah) for the stranger and the home born alike (Shemoth/Exodus 12:49; Wayyiqra/Leviticus 24:22; Bemidbar/Numbers 15:16).

Upon telling the Preacher of our Sabbath observance he went on to ask, "*What god do you serve, being Saturday is named after Saturn?*" Can you believe this? Here we were members of this church, helped out anyway we could, and yet after all this time he asks us "*what god we serve.*" Doesn't he know that Yahuwah numbered the days and man was the one who named them after false idols? Yahuwah doesn't lie and he would never tell us not to mention the names of other false gods and then name the days after them.

“Beloved ones, do not believe every spirit, but prove the spirits, whether they are of Elohim, because many false prophets have gone out into the world.”
(1 Yohanan/John 4:1)

Haster of the Sabbath

This excuse, sadly is one of the biggest error within the Christian family. Many people claim the reason why Sunday is now the Christian Sabbath is because Yahushua Messiah rose on that day. We have uncovered that it was actually Constantine in 321 C.E. that declared Sunday the day of rest under a death penalty in honor of 'Sol Invictus'. Now let us look at what day did Yahushua Messiah rise on, was it Sunday or could it have possibly been another day?

“But He answering, said to them, “A wicked and adulterous generation seeks after a sign, and no sign shall be given to it except the sign of the prophet Yonah. “For as Yonah was three days and three nights in the stomach of the great fish, so shall the Son of Adam be three days and three nights in the heart of the earth.” (MattithYahu/Matthew 12:39-40)

You know that is pretty clear but yet the adversary is the author of confusion. "The thief cometh not, but for to steal, and to kill, and to destroy:" (Yohanan/John 10:10) Please do not let the adversary steal the simplicity of our Father's words.

“And it was the Preparation *Day* of the Passover *week*, and about the sixth hour. And he said to the Yehudim (Jews), “See your Sovereign!”
(Yohanan/John 19:14)

This is not the weekly preparation of the seventh day Sabbath. We find this was a much anticipated High Sabbath

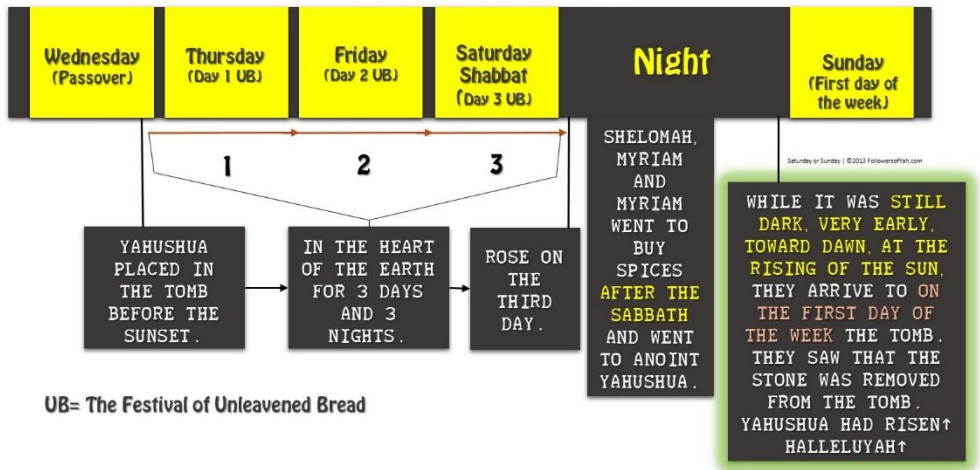
“Therefore, since it was the Preparation *Day*, that the bodies should not remain on the stake on the Sabbath – for that Sabbath was a high one – the Yehudim asked Pilate to have their legs broken, and that *they* be taken away.” (Yohanan/John 19:31)

Now we know this was a special high yearly Sabbath. He gave up His spirit about the ninth hour which is about 3:00 in the afternoon.

“And when the sixth hour came, darkness came over all the land until the ninth hour. And at the ninth hour Yahushua cried out with a loud voice, saying, “Ĕli, Ĕli, lamah shebaqtani?” which is translated, “My Ĕl, My Ĕl, why have You forsaken Me? And Yahushua cried out with a loud voice, and breathed His last.
(Mark 15:33-34 & 37)

Let us now begin the seventy-two hour count. Wednesday about the ninth hour (3:00 in the afternoon) He gave up His Spirit. Wednesday to Thursday the ninth hour is one day (24 hours). Thursday to Friday at the ninth hour is two days (48 hours). Friday at the ninth hour to Saturday at the ninth hour is three days (72 hours). Three full days and three full nights. Notice the following three full nights. (Please see next page)

3 DAYS AND 3 NIGHTS 72 HOUR COUNT



The above shows three full days. From Wednesday night to Saturday night. Remember Yahushua told us that the only sign they would get is the sign of Yonah/Jonah, three days and three nights. Scriptures also tell us, that it was about the ninth (3:00) hour when our Messiah gave up His Spirit.

Believe it or not, once I point this out to some they still manage to make excuses, for the claim that he rose Sunday morning (Easter Sunday). Then they are kindly shown the following verse,

“And on the first day of the week (remember time was from sunset to sunset so this would be Saturday evening after sunset) Miryam from Magdala came early to the tomb, while it was still dark, and saw that the stone had been removed from the tomb.

(Yohanan/John 20:1)

Mary waited until the weekly Sabbath had ended, while it was still dark out, when she gets to the tomb the stone is

taken away. This would be Saturday night! Can you see how the adversary has managed to trick billions into thinking He rose on Sunday? If He gave up His Spirit at the ninth hour on Thursday instead of Wednesday then the full day would have been Sunday, not morning, but during the day around the 3:00 hour in the afternoon. But yet from scriptures when Mary gets there, Saturday night (first day of the week) when it was yet DARK, the tomb was empty! Making Yahushua Messiah 'Master of the Sabbath!'

What about Easter Sunday? Yahushua does not lie, when he said three days and three nights he meant it. Men lie! If we go by what Yahushua said then the following chart will show when the three full days and nights would be if He gave up His Spirit at the 9th hour (3:00) Friday afternoon. Many teach that Friday was the day!

There is no possible way one can squeeze 72 hours from Friday afternoon (Good Friday) to Sunday morning (Easter).

Sunday	Monday	Friday	Saturday
48 th hour (3pm)	72 nd hour (3pm)	9 th hour (3pm)	9 th hour (3pm)

Sadly, many have heard the Truth but because of harden hearts, pridefulness, stubbornness, being lukewarm, having itching ears many have adopted the humanism philosophy. Many have grown accustom to man-made traditions, including the commands and traditions of men. These traditions and commands of men have made it hard to repent and turn back to Yahuwah and His true ways.

But what about Yahushua's followers, didn't they gather on the first day of the week? Good question. Let us take a look at Acts twenty, verse seven.

"And the one of the Sabbaths, having been gathered the disciples to break bread, Paul reasoned to them, being about to depart on the morrow continued and the discourse until midnight." (Acts 20:7) 'The Interlinear Greek-English New Testament Third Edition'

During this time period there was only one Sabbath and that was the seventh day. Many translations use the term 'first day of the week' leading many to think they gathered on Sunday morning. Did they? Let's see, the word 'Sabbaths' in this verse is in plural form meaning more than one weekly Sabbath. This would have been Saturday night, after the sun had set, close to midnight.

They gathered on the weekly Sabbath and after the sun had set we are now in the first day, being Saturday evening. Paul reasoned with them until midnight. They did not meet on Sunday morning but during the seventh day Sabbath.

What about the 'Lord's Day'? One word can change the whole meaning of a verse or sentence. The 'Interlinear Greek-English New Testament Third Edition', Revelation chapter one verse 10, reads as: "*I came to be in the Spirit on the Lords day.*" The King James Version reads as: "*I was in the Spirit on the Lord's Day.*" One translation reads "*I was in*" but the Greek says, '*I came to be*'. 'Was' is past tense while 'Came to be' is future tense. Meaning Yohanan/John's spirit left his flesh body and he came to be, was being shown the future by being placed in the great day of Yahuwah! A day still yet to

come.

Let us now look at Hebrews 4:9, "*There remaineth therefore a **rest** to the people of Yahuwah.*" Here is the same verse in the Greek, "*ara apoleipetai **sabbatismo** V tw law tou qeou.*" Notice the words in bold? There is a big difference in the word 'rest' and 'sabbatismo'. The latter explains to us in more detail what this rest actually is. The word, Strong's #4520, Sabbatismos is used in this verse means: a keeping Sabbath. Hebrews chapter four verse nine is actually telling us that there remains therefore a Sabbath keeping to the people of Yahuwah! Now ponder for a moment, 'how many have made claims that the Sabbath has been done away with?' A vast amount have made such claims. Oh my beloved friend, this is a very dangerous heresy! Satan, the adversary hates the Fourth Commandment. He has tried every means possible to destroy it! Why would he do that? Because the Fourth Commandment tells us who we worship and serve, Yahuwah, the Mighty One of Y'israel! Either we serve the One who made the heavens, earth, and everything they hold and have received His Seal or we serve the counterfeit, with His Sabbath, holidays, Name and have received His mark!

Hung Up

Many have said, the law was hung on the cross. Does scriptures really say this or are we just being taught this by those who take verses out of context then base their doctrine on it?

The answer can be found in the 'Word'. Remember the word is the Torah that was made flesh and dwelt among us.

"For I am Yahuwah, I change not." ([Malachi 3:6](#))

Yahuwah does not change neither does Yahushua. Scriptures tells us that Yahushua is the same yesterday, today and tomorrow ([Hebrews 13:8](#)).

“And Yahushua said to him, “You shall love Yahuwah your Elohim with all your heart, and with all your being, and with all your mind.’ “This is the first and great command. “And the second is like it, ‘You shall love your neighbour as yourself.’ “On these two commands hang all the Torah and the Prophets.”
([MatithYahu/Matthew 22:37-40](#))

Did you read anywhere in that verse where Yahushua Messiah is telling us not to do the commandments? He takes the Ten Commandments and splits them into two. The first four tells us how to love the Father. While the last six, tells us how to love our neighbor. Yahushua Messiah also said:

“Do not think that I came to destroy the Torah or the Prophets. I did not come to destroy but to complete.
(MattithYahu/Matthew 5:17)

We know Yahushua Messiah was perfect. Being perfect means he did not break any of the law. He is the unblemished sacrificial Lamb that takes the worlds sins away. Therefore, we no longer need to make burnt offerings. He entered into the Set Apart Place once, making atonement for our sins. He is our High Priest in the order of Melchisedec. The Law that was hung was not the moral law, the Ten Commandments. The Sacrificial, Ceremonial law is what was done away with. Do me a favor, look outside and tell me if the sky is there? As far as I can tell this earth age is still here also because we have not yet entered into the millennium.

“For truly, I say to you, till the heaven and the earth pass away, one jot or one tittle shall by no means pass from the Torah till all be done.
(MattithYahu/Matthew 5:18)

What does Paul tell us about the law?

“Do we then nullify the Torah through the belief? Let it not be! On the contrary, we establish the Torah.”
(Romans 3:31)

If we go by the anti-law teachers that claim there is no moral law because it was hung up, watch what happens.

“What, then, shall we say? Is the Torah sin? Let it not be! However, I did not know sin except through the Torah. For also the covetousness I knew not if the Torah had not said, “You shall not covet.”
(Romans 7:7)

Once the moral law is removed, then how does one know they have broken one of the Ten Commandments? There is no possible way of knowing! Then it goes even further, once the moral law is removed, there is no way of knowing what sin is and is not, therefore if there is no sin then the crucifixion of our Saviour, Yahushua Messiah, has become vain, empty! If there is no moral law then there is no need to be saved from breaking it! Once, we look at the moral law, we realize we have indeed transgressed the law then we turn to Yahushua Messiah. The law is then written on our hearts.

The Challenge

“Here is the endurance of the set-apart ones, here are those guarding the commands of Elohim and the belief of Yahuwah. (Revelation 14:12)

This verse has two parts to it. We need to ask, what is the subject matter? The saints (Set Apart ones)! They do something and yet they have something. They keep the commandments of Yahuwah and they have the faith of Yahushua Messiah. Sadly, the adversary has spun this wicked web from all sides. On the one side of the coin, many keep the law but lack faith of the Messiah, Yahushua. On the other side, many have the faith of Yahushua Messiah, yet they have been deceived into thinking since they are under grace they do not have to be obedient in keeping the Ten Commandments.

“The one who says, “I know Him,” and does not guard His commands, is a liar, and the truth is not in him.”
(1 Yohanan/John 2:4)

We are told in the great book of Revelation the following, Revelation 18:4, "And I heard another voice from heaven saying, Come out of her my people that you be not partakers of her sins and that you receive not of her plagues."

Have you ever wondered how a fish can swim against the current? Can a fish even do this? Seems like it would be very hard. Through-out the pages of both the Old Testament and the New Testament we know that the so-called righteous ones, were the very ones that killed the prophets. When one

starts to dig down to the root, uncovering the hidden lies exposing the darkness, all of a sudden you will find yourself swimming upstream against the current! In the process, you will be shunned, called names, made fun of, given weird looks, called you are a cult. "Webster's New Twentieth Century Dictionary of the English Language" the word 'cult' is defined as the following: worship, reverential honor; religious devotion.

Interesting, seems we all fall into this category. I've even been told I'm going to hell and I serve a different deity than most. The very ones, that will do this to you, are the people you care about and love. Like family members, friends, preachers, ministers, neighbors, co-workers, etc. We are no longer invited to family functions, no phone calls, told we are not welcome until we change our ways back to what feels and sounds good to them! Can you believe this? Sadly, many do not want to hear the 'call to come out of Babylon.' Too many people are happy getting their ears tickled. Going to this church or that church picking what sounds and feels good to them. One must ask, are they being obedient to the word?

“Do not think that I have come to bring peace on earth. I did not come to bring peace but a sword,”
([MattithYahu/Matthew 10:34](#))

What exactly is this sword? Hebrews chapter 4 verse twelve tell us, "*for the Word of Yahuwah is quick and powerful, sharper than any two edge double sword*"! What is Yahuwah's word? The Word is the Torah, and became flesh and dwelt among men. He also tells us in Luke 12:52, “For from now on five in one house shall be divided, three against two, and two against three.”

We love our family members and friends; I cannot help but

to wonder why many no longer like us, since we have changed our beliefs over the Sabbath! We have not judged them, they can do as they like. Truly, the words spoken by Yahushua will never pass away.

Even though we have been shunned, we still have our lives unlike the ones that have been killed for their Sabbath beliefs. There was a 'National Sunday Law' and in some places of Canada there still remains 'blue laws'. One cannot cut their grass on Sunday; fill their gas tanks up, etc. I have never heard and we will never hear of any 'blue laws' for keeping the seventh day Sabbath. Have you ever heard of a National Seventh Day Sabbath law under penalty of death by man's government? Yahuwah will NOT force His laws on anyone! Interesting huh?

The Challenge to you is, do you hear the call? Do you have ears to hear? Eyes to see? Can you swim up-stream, against the current, having the written 'word' of Yahuwah to direct and lead you? Do you have the Torah written on your heart?

We are told in the great book of Revelation, there are seven churches, do you know out of the seven churches (congregations) five are told to repent or else He will spew them out of His mouth, remove their candlestick and the sword will pierce them! There just goes the 'once saved always saved' (OSAS) doctrine. He also tells us, those who remain until the end will be saved.

Buying and Selling



During a magic show, the magician tricks his/her audience by having the audience's attention on the right hand while it is the left hand that pulls off the trick, leaving the audience to wonder in Awe!

Sometimes we focus on other things and I believe that is why Yahushua told us to 'stay awake'.

And I saw another beast coming up out of the earth, and he had two horns like a lamb and spoke like a dragon. ([Revelation 13:11](#))

This beast appears to be righteous but is a dragon.

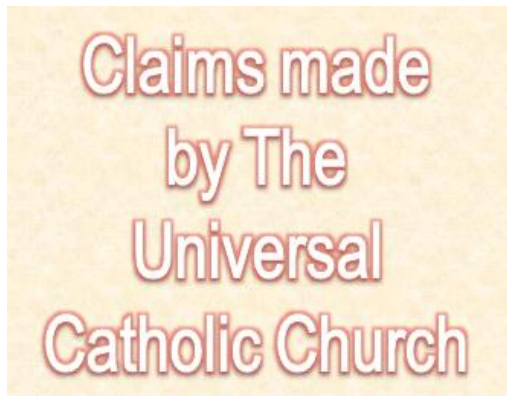
“and it speaks words against the Most High, and it wears out the set-apart ones of the Most High, and it intends to change appointed times¹ and law, and they are given into its hand for a time and times and half a time.” ([Dani’el/Daniel 7:25](#))

Let us also turn to, Revelation 13:16, "*And that no man might buy or sell save he that had the mark or the name of the beast or the number of His Name.*"

The Scriptures tell us that if one has the 'mark of the beast' they can buy and they can sell. But their names will not be written in the Lamb's Book of Life. Yahuwah is not about confusion and He speaks simplicity to those that are His. The adversary, through men, may have programmed many of us

into thinking about this or that getting our attention on others things, while we over-look the left hand?

Do scriptures tell us that there is one day out of the week where one cannot buy and sell? The great book of Nehemiah tells, 1:7, "We have dealt very corruptly against thee, and have not kept the commandments, nor the statutes, nor the judgments, which thou commandest thy servant Moses." In Nehemiah 13:15-22, we find that there is day! When one would keep the Seventh Day Sabbath a 'set apart' day, they could not bring any burden in, could not buy nor sell! So there we have it, if one would keep the Seventh Day Sabbath then they could not buy nor sell on the Seventh Day. This is very interesting.



'Vicarius Filii Dei' is Latin. And means, 'Vicar of the Son of God.' If you did not know the Pope wears a mitre (fish hat) and that is written on it.

According to the 'Decretal, de Tranlatic Episcop.' "The Pope has power to change times, to abrogate (change) laws, and to dispense with all things, even the precepts of Christ."

'A doctrinal Catechism' by Stephen Keenan, pg. 174 tells us that the Universal Church authorities was asked, "Have you

any other way of proving that the church (RC) has power to institute festivals of precept?" They responded with, "Had she not such power, she could not have substituted the observance of Sunday, the first day of the week, for the observance of Saturday, the seventh day, a change for which there is no scriptural authority."

'The Convert's catechism of Catholic Doctrine' pg. 50, third edition tells us more of where the Sunday Sabbath came from. 'We observe Sunday instead of Saturday because the Catholic Church, in the Council of Laodicea (A.D. 364), transferred the solemnity from Saturday to Sunday.'

Who changed the day, Elohim or man? We find this answer declared by Cardinal Gibbons , 'The Catholic church by virtue of her divine mission changed the day from Saturday to Sunday.'

What do they say about their leader, the Pope? According to, 'History of the Councils,' Vol. XIV, col.109, "For thou art the shepherd, thou art the physician, thou art the director, thou art the husbandman, finally thou art another God on earth.'

If that does not have you sitting on the edge of your seat wait until you read the following about the same leader, 'On the Authority of Councils.' book 2, Chapter 17, "All the names which are attributed to Christ in Scripture, implying His supremacy over the church, are also attributed to the Pope."

There we have it! The church (RCC) and state (Constantine) united and thought to change Elohim's laws and feast days.



Did You know?

That the Muslims keep Thursday (sunset) to Friday (sunset) as their Sabbath. Most Christians keep

Sunday as the Sabbath. Niether one of these is the true Sabbath of Elohim.